

THE ANATOMY OF A HYPER-REALISTIC AI PROMPT

Eight blocks, in this order. Every photorealistic prompt that works is built from them — most people freestyle, and it shows.

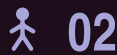


01

Identity Lock

Reference image + strict face preservation. Without it, a new stranger every render.

"exact facial features from uploaded image, zero deviation"



02

Subject & Pose

Direct the pose like an actor: one action, one gaze direction.

"crouched on marble steps, chin on hand, eyes to lens"



03

Wardrobe

Fabric + fit + color, in that order. Fabric beats brands.

"ribbed cotton crop top, loose linen trousers"



04

Scene & Clutter

3–5 specific background objects beat any "realistic" tag.

"toothbrushes in a cup, CeraVe bottles, plant"



05

Camera

Name the device — phone and DSLR give different skin.

"iPhone front camera, arm's-length, wide-angle stretch"



06

Light

One dominant source, named. Light IS the mood.

"warm vanity bar above mirror, soft falloff, no fill"



07

Imperfections

The anti-AI layer. Perfection is the tell.

"visible pores, stray hairs, slightly tilted frame"



08

Format

Ratio + orientation + quality. Always last, always explicit.

"9:16 vertical, 8K, natural color grade"

80%

of the "AI look" is wrong **light** — not the wrong face. Fix block 06 before touching anything else.

3–5

named background objects is the sweet spot for believable clutter. One is a prop; ten is noise.

1st

The identity lock goes first, always. Models weigh early tokens more — the face is not negotiable.

0

beauty filters. "No retouching, visible pores" makes results look MORE professional, not less.

THE FORMULA →

WHO

+

WEARS

+

WHERE

+

SHOT HOW

+

LIT HOW

+

FLAWED HOW